

Table of Contents

Section	Title	Page
Section 1: INTRODUCTION		1
Section 2: PORT ELIZABETH/EAST LONDON		2
2a.	Specialist treatment centres	2
2b.	Alcohol drinking problems at three urban high schools in Umtata	12
2c.	SANCA East London treatment demand data	18
2d.	Social norms related to substance abuse at UPE	23
2e.	Psychiatric treatment in Port Elizabeth	27
2f.	Methamphetamine use in Cape Town	29
Section 3: DURBAN		34
3a.	Specialist treatment centres	34
3b.	Relationship between sensation-seeking and adolescent risky behaviour	42
3c.	Alcohol and fatal injuries	46
3d.	The relationship between self-efficacy, decisional balance and readiness to change among inpatient substance abusers	49
3e.	Methamphetamine use in Cape Town	51
3f.	Treating the AOD dependent woman	51
Section 4: GAUTENG/MPUMALANGA		54
4a.	Treatment centres: Gauteng	54
4b.	Treatment centres: Mpumalanga	66
4c.	Recovering heroin addicts' perception of intervention efficacy	74
4d.	Educational-psychological criteria for, and the evaluation of, inpatient drug rehabilitation programs for adolescents in South Africa	82
4e.	Murder docket analysis: alcohol involvement	84
4f.	Risk behaviour among adolescents in Johannesburg	92
4g.	Sense of coherence in relation to tobacco and alcohol use in a sample of adolescents in Pretoria	94
Section 5: CAPE TOWN		98
5a.	Specialist treatment centres	98
5b.	Methamphetamine use in Cape Town	107
5c.	The nature and extent of heroin use in Cape Town	108
5d.	Murder docket analysis: Western Cape	109
5e.	Alcohol related mortality in Cape Town: 2003	115
5f.	Drug related deaths	118
5g.	Efficacy of treatment: Stepping Stones survey	124
5h.	Cognitive effects of cannabis and Mandrax: research update	128