

Table of Contents		
Section	Title	Page
Section 1: INTRODUCTION		1
Section 2: GAUTENG/MPUMALANGA		2
2a.	Treatment centres: Gauteng	2
2b.	Treatment centres: Mpumalanga	14
2c.	Preventing substance abuse among youth in South Africa	22
2d.	South Africa: Alcohol today	26
2e.	“Tackling Alcohol Problems” – introducing a new local book	27
2f.	The Pretoria Women’s Co-Op Study	28
Section 3: DURBAN		32
3a.	Specialist treatment centres	32
3b.	HIV and Alcohol Prevention in Schools: Pietermaritzburg	41
3c.	Determinants of smoking onset and smoking cessation among adolescents in SA	42
3d.	South Africa: Alcohol today	43
3e.	SANCA Pietermaritzburg data	44
Section 4: PORT ELIZABETH/EAST LONDON		49
4a.	PE Specialist treatment centres	49
4b.	Psychiatric treatment in Port Elizabeth	58
4c.	South Africa: Alcohol today	59
4d.	SANCA East London treatment demand data	60
4e.	Cape Town treatment demand data	65
Section 5: CAPE TOWN		66
5a.	Specialist treatment centres	66
5b.	Update on Methamphetamine (“Tik”) use in Cape Town	76
5c.	Bulk wine in the Western Cape	78
5d.	Substance abuse and HIV risk behaviours in Cape Town primary health care service users	82
5e.	Organizational and contextual barriers to effective treatment service delivery	85
5f.	GPs treatment of alcohol problems	86
5g.	South Africa: Alcohol today	92
Section 6: SACENDU PARTICIPANTS		93
6a.	Gauteng/Mpumalanga	93
6b.	Durban	99
6c.	Port Elizabeth	101
6d.	Cape Town	105