

2f: SANCA East London* treatment demand

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Treatment demands for SANCA Central Eastern Cape and Ikwezi Neuro Clinic for the period July to December 2005.

Table 88: Demographics (East London)

	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
GENDER								
Males	122	82	152	83	28	86	227	85
Females	26	18	27	15	177	13	39	15
TOTAL	148	100	182	100	207	100	268	100
ETHNIC GROUP								
Black	96	65	89	49	126	61	159	60
White	33	22	49	27	58	28	85	32
Coloured	17	12	40	22	19	9	19	7
Asian	1	1	3	2	4	2	3	1
EMPLOYMENT STATUS								
Working full time	53	36	54	30	83	40	145	55
Working part time	12	8	12	7	9	4	10	4
Not working	36	25	59	33	63	30	61	23
Apprentice/intern	-	-	1	<1	-	-	-	-
Student/learner	42	29	42	23	47	23	41	15
Disabled/medically boarded	1	<1	3	2	2	1	1	1
Pensioner	1	<1	3	2	2	1	5	2
Other	1	<1	3	2	1	<1	3	1
MARITAL STATUS								
Married, living with spouse	27	18	39	22	46	22	94	36
Married not living with spouse	2	1	6	3	9	4	10	4
Living together	16	11	14	8	11	5	12	5
Divorced	9	6	9	5	16	8	25	10
Widowed	1	1	3	2	3	1	4	2
Never married	92	63	108	60	113	55	114	43
Other	-	-	-	-	9	4	5	-
EDUCATION								
None	1	<1	3	2	2	1	0	0
Grade 1-6	21	14	18	10	14	7	11	4
Grade 7	13	9	24	13	15	7	8	3
Grade 8-11	70	47	74	41	100	48	86	33
Grade 12	30	20	36	20	46	22	107	40
Tertiary	129	9	25	14	26	13	52	20

*Also known as SANCA Central Eastern Cape

Table 89: Referral source (East London)

	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
Self	26	18	44	24	48	23	54	21
Family or friends	60	41	67	37	80	39	74	28
Employers	35	24	31	17	34	16	43	16
Health Profession	4	3	6	3	19	9	76	29
Religious groups	1	<1	1	<1	2	1	3	1
Hospital/clinic	2	1	4	2	3	1	4	1
Social Services	7	5	15	8	7	3	4	1
Courts/correctional services	5	3	6	3	5	2	5	2
School	8	5	2	1	6	3	1	1

Self or family/friends are the most common sources of referral.

Table 90: Age group (East London)

Age group	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
10-14	3	2	9	5	5	2	1	1
15-19	32	22	42	23	41	20	34	13
20-24	33	22	34	19	42	20	39	15
25-29	15	10	15	8	16	8	20	8
30-34	11	7	19	10	20	10	32	12
35-39	18	12	20	11	27	13	36	14
40-44	13	9	18	10	21	10	48	18
45-49	7	5	9	5	14	7	25	9
50-54	8	5	8	4	14	7	19	7
55-59	8*	5*	4	2	5	4	9	3
60-64			2	1	-	-	1	-
65+			1	<1	1	5	3	1

*Category previously 55+

The average age of all patients was 35 years. About a seventh were younger than 20 years in the 2nd half of 2005.

Table 91: Inpatient versus outpatient (East London)

	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
Inpatient	6	4	6	3	47	23	126	47
Outpatient	142	96	173	97	159	77	141	53
TOTAL	148	100	182	100	207	100	267	100

Table 92: First time admissions (East London)

Prior treatment	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
Yes	124	84	30	18	36	17	77	30
No	124	16	149	82	168	83	184	70

Most patients are admitted for the first time.

Table 93: Number of previous treatments (East London)

	Jan-Jun 2004	Jul-Dec 2004	Jan-Jun 2005	Jul-Dec 2005
	n	n	n	n
One	13	10	18	27
Two	2	5	10	14
Three	3	1	3	5
Four	-	-	1	3
>Four	-	-	-	5

Table 94: Source of payment (East London)

	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
State	4	3	4	2	9	4	5	2
Self	31	21	55	30	51	25	54	20
Medical aid	6	4	8	4	47	23	119	45
Employer	19	13	11	6	14	7	4	2
Family	65	44	60	33	62	30	58	22
Friends	4	3						
Unknown	11	7	26	14	17	8	21	9
Other	6	4	8	4	7	3	4	-

Table 95: Primary substance of abuse (East London)

	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
Alcohol	82	55	94	52	107	52	191	71
Cocaine	4	3	4	2	12	6	17	6
Crack	2	1	1	<1	5	2		
Dagga	30	20	21	11	36	17	33	12
Ecstasy	-	-	3	2	5	2	1	<1
Heroin	1	<1	3	2	-	-	4	2
PRE/OTC	2	1	3	2	1	<1	6	2
Dagga/Mandrax	27	18	50	28	37	18	15	6
Inhalants	-	-	2	1	2	1	-	-
Other	-	-	-	-	2	1	-	-
TOTAL	148	100	182	100	207	100	267	100

Alcohol is the most common primary drug, followed by dagga/Mandrax (“white pipe”) and cannabis (dagga).

Table 96: Mode of usage (primary drug) (East London)

	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
Swallow	83	56	99	55	115	56	200	75
Smoke	56	38	71	39	77	37	50	19
Snort/Sniff	9	6	4	2	13	6	15	6
Inject	-	-	3	2	-	-	2	1
Other	-	-	3	2	-	-	-	-
TOTAL	148	100	182	100	207	100	267	100

Table 97: Primary substance of abuse by Gender (East London)

	Jul-Dec 2004				Jan-Jun 2005				Jul-Dec 2005			
	Male		Female		Male		Female		Male		Female	
	n	%	n	%	n	%	n	%	n	%	n	%
Alcohol	74	79	20	21	88	82	19	18	160	83	29	17
Cocaine	4	100	0	0	1	100	0	0	15	80	2	20
Crack	0	0	1	100								
Dagga	19	91	2	9	30	88	4	12	31	92	2	8
Heroin	3	100	0	0	-	-	-	-	4	100	0	0
PRE/OTC	1	33	2	67	0	0	1	100	3	50	3	50
Ecstasy	3	100	0	0	4	80	1	20	0	0	1	100
“White Pipe”	45	96	2	4	37	100	0	0	13	87	2	13
Inhalants	2	100	0	0	2	100	0	0	-	-	-	-
Other	-	-	-	-	1	100	0	0	-	-	-	-

Table 98: Primary substance of abuse by race (East London)

	African			Coloured			Asian			White		
	%			%			%			%		
	Jul-Dec 2004	Jan-Jun 2005	Jul-Dec 2005	Jul-Dec 2004	Jan-Jun 2005	Jul-Dec 2005	Jul-Dec 2004	Jan-Jun 2005	Jul-Dec 2005	Jul-Dec 2004	Jan-Jun 2005	Jul-Dec 2005
Alcohol	55	69	63	18	8	7	1	2	2	26	21	28
Cocaine/Crack	0	8	0	0	8	0	0	0	0	100	84	100
Dagga	67	64	76	14	14	9	0	3	0	19	19	15
Heroin	0	-	25	0	-	0	0	-	0	100	-	75
PRE/OTC	0	0	33	0	0	17	0	0	0	100	100	50
Ecstasy	0	0	100	0	20	0	33	0	0	67	80	0
Inhalants	0	100	0	50	0	0	0	0	-	50	0	-
Mandrax	100	-	0	0	-	0	0	-	-	0	-	-
“White Pipe”	45	68	71	39	8	7	2	0	0	14	24	21
Other	-	0	-	-	0	-	-	0	-	-	100	-

Table 99: Secondary substance of abuse (East London)

	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
Alcohol	17	12	23	13	18	9	14	5
Cocaine	4	3	5	3	6	3	10	4
Crack	-	-	-	-	3	1		
Cat	-	-	-	-	1	<1	-	-
Dagga	14	10	7	4	14	7	16	6
Ecstasy	3	2	4	2	8	4	4	2
“White pipe”	6	4	8	4	8	4	10	4
PRE/OTC	1	1	-	-	4	2	4	3
LSD	-	-	-	-	1	<1	-	-
Tik	-	-	-	-	1	<1	-	-

Table 100: Tertiary substance of abuse (East London)

	Jan-Jun 2004		Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%	n	%
Alcohol	2	1	6	3	7	3	8	3
Cocaine	-	-	2	1	3	1	3	1
Crack	2	1	-	-	3	1		
Dagga	1	<1	1	<1	5	2	4	2
Ecstasy	3	2	5	3	3	1	2	1
Glue	1	<1	-	-	1	1	-	-
Magic Mushrooms	-	-	1	<1	-	-	-	-
Tik	-	-	1	<1	-	-	-	-
“Whitepipe”	-	-	-	-	5	2	4	2
PRE/OTC	-	-	-	-	1	<1	1	<1
Heroin	-	-	-	-	-	-	1	<1

Table 101: Average age by primary drug (East London)

	Jan-Jun 2004	Jul-Dec 2004	Jan-Jun 2005	Jul-Dec 2005
	Years	Years	Years	Years
Average age of all patients	30.4	29.3	-	35
Alcohol	37.3	36.5	38.5	38.8
Dagga	18.9	18.8	21.4	19.7
Mandrax	22.5	-	-	-
“White pipe”	-	21.0	21.8	22.6
Cocaine/crack	-	28.6	28.9	29.3
Ecstasy	-	-	23.0	-

Table 102: Primary substance of patients younger than 20 years (East London)

	Jul-Dec 2004		Jan-Jun 2005		Jul-Dec 2005	
	n	%	n	%	n	%
Alcohol	6	12	6	13	10	29
Cocaine	-	-	1	2	-	-
Crack	-	-	1	2	-	-
Dagga	14	27	17	37	19	54
Ecstasy	2	4	1	2	-	-
Inhalants	2	4	2	5	-	-
Heroin	1	2	-	-	-	-
“White pipe”	26	51	18	39	6	17
TOTAL	51	100	46	100	35	100