

**TABLES**

## **LIST OF TABLES**

Table 6.1	Means (SD) and differences between means (SD) of the intake of nutrients as obtained from the 24-H-R and the QFFQ (n = 127)
Table 6.2	Pearson correlation coefficient between the nutrient intake as obtained from the 24-H-R and QFFQ
Table 6.3	Bland-Altman Method: Complete data set of nutrient intake as obtained from the 24-H-R and the QFFQ (n = 127)
Table 6.4	Bland-Altman Method: Excluding outliers on mean dietary intake (greater than the mean $\pm$ two standard deviations) as obtained from the 24-H-R and QFFQ
Table 6.5	Percentage of subjects classified into the same or adjacent quintiles of the two distributions by the data obtained from the QFFQ and the 24-H-R (n = 127)
Table 6.6	Comparison of Energy Intake: Basal Metabolic Rate (EI : BMR) ratios as obtained from the QFFQ and the 24-H-R (n = 127)
Table 6.7	Percentage Distribution of EI : BMR as obtained from the QFFQ and the 24-H-R
Table 6.8	Means (SD) and differences between the means (SD) of the dietary intake as obtained from the first and second administration of the QFFQ (n = 136)
Table 6.9	Pearson correlation coefficients between the dietary intake from the first and second administration of the QFFQ (n = 136)
Table 6.10	Bland-Altman Method: dietary intake from the first and second administration of the QFFQ (n = 136)
Table 6.11	Percentage of subjects classified into the same or adjacent quintiles of the two distributions by the data obtained from the first and second administration of the QFFQ (n = 136)
Table 6.12	The percentage of children that were being breastfed at the time of the survey as determined by the QFFQ by age

group: South Africa 1999

- Table 6.13 The percentage of children that were being breastfed at the time of the survey as determined by the QFFQ by province: South Africa 1999
- Table 6.14 The percentage of children that were being breastfed at the time of the survey as determined by the QFFQ by area of residence: South Africa 1999
- Table 6.15 The percentage of children that had been breastfed as infants as determined by the QFFQ by age group: South Africa 1999
- Table 6.16 The percentage of children that had been breastfed as infants as determined by the QFFQ by province: South Africa 1999
- Table 6.17 The percentage of children that had been breastfed as infants as determined by the QFFQ by area of residence: South Africa 1999
- Table 6.18 The duration of breastfeeding for children who had been breastfed as infants as determined by the QFFQ by age group: South Africa 1999
- Table 6.19 The duration of breastfeeding for children who had been breastfed as infants as determined by the QFFQ by province: South Africa 1999
- Table 6.20 The duration of breastfeeding for children who had been breastfed as infants as determined by the QFFQ by area of residence: South Africa 1999
- Table 6.21 The percentage of children that were receiving infant formulae at the time of the survey as determined by the QFFQ by age group: South Africa 1999
- Table 6.22 The percentage of children that were receiving infant formulae at the time of the survey as determined by the QFFQ by province: South Africa 1999
- Table 6.23 The percentage of children that were receiving infant formulae at the time of the survey as determined by the

## QFFQ by area of residence: South Africa 1999

Table 6.24	The brand name of infant formula used as determined by the QFFQ (n = 108): South Africa 1999
Table 6.25	The percentage of children that were following a special diet as determined by the QFFQ by age group: South Africa 1999
Table 6.26	The percentage of children that were following a special diet as determined by the QFFQ by province: South Africa 1999
Table 6.27	The percentage of children that were following a special diet as determined by the QFFQ by area of residence: South Africa 1999
Table 6.28	The percentage of children that had eaten away from home during the week preceding the interview as determined by the QFFQ by age group: South Africa 1999
Table 6.29	The percentage of children that had eaten away from home during the week preceding the interview as determined by the QFFQ by province: South Africa 1999
Table 6.30	The percentage of children that had eaten away from home during the week preceding the interview as determined by the QFFQ by area of residence: South Africa 1999
Table 6.31	The percentage of children that eat maize porridge as determined by the QFFQ by age group: South Africa 1999
Table 6.32	The percentage of children that eat maize porridge as determined by the QFFQ by province: South Africa 1999
Table 6.33	The percentage of children that eat maize porridge as determined by the QFFQ by area of residence: South Africa 1999
Table 6.34	Maize: The percentage of respondents who knew the brand name as determined by the QFFQ by age group: South Africa 1999
Table 6.35	Maize: The percentage of respondents who knew the brand name as determined by the QFFQ by area of residence:

## South Africa 1999

---

Table 6.36	Maize: The percentage of respondents who knew the brand name as determined by the QFFQ by province: South Africa 1999
Table 6.37	Maize: The brand names purchased as determined by the QFFQ by province: South Africa 1999
Table 6.38	Maize: The place of purchase as determined by the QFFQ by age group: South Africa 1999
Table 6.39	Maize: The place of purchase as determined by the QFFQ by area of residence: South Africa 1999
Table 6.40	Maize: The place of purchase as determined by the QFFQ by province: South Africa 1999
Table 6.41	Maize: The amount purchased as determined by the QFFQ by province: South Africa 1999
Table 6.42	Maize: The duration of storage as determined by the QFFQ by province: South Africa 1999
Table 6.43	Maize: The duration of cooking as determined by the QFFQ by province: South Africa 1999
Table 6.44	Maize: The type of appliance used for cooking as determined by the QFFQ by age group: South Africa 1999
Table 6.45	Maize: The type of appliance used for cooking as determined by the QFFQ by area of residence: South Africa 1999
Table 6.46	Maize: The type of appliance used for cooking as determined by the QFFQ by province: South Africa 1999
Table 6.47	The percentage of children who ate breakfast as determined by the QFFQ by age group: South Africa 1999
Table 6.48	The percentage of children who ate breakfast as determined by the QFFQ by area of residence: South Africa 1999
Table 6.49	The percentage of children who ate breakfast as determined by the QFFQ by province: South Africa 1999
Table 6.50	The percentage of HHs that bought and/or served/cooked a

---

	main meal for the child separately as determined by the QFFQ by age group: South Africa 1999
Table 6.51	The percentage of HHs that bought and/or served/cooked a main meal for the child separately as determined by the QFFQ by area of residence: South Africa 1999
Table 6.52	The percentage of HHs that bought and/or served/cooked a main meal for the child separately as determined by the QFFQ by province: South Africa 1999
Table 6.53	The eating patterns of children as determined by the QFFQ by age group: South Africa 1999
Table 6.54	The eating patterns of children as determined by the QFFQ by area of residence: South Africa 1999
Table 6.55	The eating patterns of children as determined by the QFFQ by province: South Africa 1999
Table 6.56	The percentage of children who sometimes ate elsewhere other than the HH as determined by the QFFQ by age group: South Africa 1999
Table 6.57	The percentage of children who sometimes ate elsewhere other than the HH as determined by the QFFQ by area of residence: South Africa 1999
Table 6.58	The percentage of children who sometimes ate elsewhere other than the HH as determined by the QFFQ by province: South Africa 1999
Table 6.59	The percentage of respondents who thought that foods enriched with vitamins and minerals were healthier as determined by the QFFQ by age group: South Africa 1999
Table 6.60	The percentage of respondents who thought that foods enriched with vitamins and minerals were healthier as determined by the QFFQ by area of residence: South Africa 1999
Table 6.61	The percentage of respondents who thought that foods enriched with vitamins and minerals were healthier as determined by the QFFQ by province: South Africa 1999

---

Table 6.62	The percentage of respondents who bought foods enriched with vitamins and minerals as determined by the QFFQ by age group: South Africa 1999
Table 6.63	The percentage of respondents who bought foods enriched with vitamins and minerals as determined by the QFFQ by area of residence: South Africa 1999
Table 6.64	The percentage of respondents who bought foods enriched with vitamins and minerals as determined by the QFFQ by province: South Africa 1999
Table 6.65	The frequency of purchasing foods enriched with vitamins and minerals as determined by the QFFQ by age group: South Africa 1999
Table 6.66	The frequency of purchasing foods enriched with vitamins and minerals as determined by the QFFQ by area of residence: South Africa 1999
Table 6.67	The frequency of purchasing foods enriched with vitamins and minerals as determined by the QFFQ by province: South Africa 1999
Table 6.68	The percentage of respondents who would buy foods enriched with vitamins and minerals even if they were more expensive as determined by the QFFQ by age group: South Africa 1999
Table 6.69	The percentage of respondents who would buy foods enriched with vitamins and minerals even if they were more expensive as determined by the QFFQ by area of residence: South Africa 1999
Table 6.70	The percentage of respondents who would buy foods enriched with vitamins and minerals even if they were more expensive as determined by the QFFQ by province: South Africa 1999
Table 6.71	The percentage of respondents and the reasons they gave for not buying vitamin and mineral enriched foods as determined by the QFFQ by age group: South Africa 1999

---

Table 6.72	The percentage of respondents and the reasons they gave for not buying vitamin and mineral enriched foods as determined by the QFFQ by area of residence: South Africa 1999
Table 6.73	The percentage of respondents and the reasons they gave for not buying vitamin and mineral enriched foods as determined by the QFFQ by province: South Africa 1999
Table 6.74	The percentage of respondents and their perception as to the type of foods which should be enriched with vitamins and minerals as determined by the QFFQ by age group: South Africa 1999
Table 6.75	The percentage of respondents and their perception as to the type of foods which should be enriched with vitamins and minerals as determined by the QFFQ by area of residence: South Africa 1999
Table 6.76	The percentage of respondents and their perception as to the type of foods which should be enriched with vitamins and minerals as determined by the QFFQ by province: South Africa 1999
Table 6.77	The percentage of respondents and their suggestions as to which specific foods should be enriched, South Africa 1999 (n=1461*)
Table 6.78	The percentage of respondents who used iodised salt in the child's food as determined by the QFFQ by age group: South Africa 1999
Table 6.79	The percentage of respondents who used iodised salt in the child's food as determined by the QFFQ by area of residence: South Africa 1999
Table 6.80	The percentage of respondents who used iodised salt in the child's food as determined by the QFFQ by province: South Africa 1999
Table 6.81	The percentage of respondents who used flavoured salts in the child's food as determined by the QFFQ by age group:

## South Africa 1999

---

Table 6.82	The percentage of respondents who used flavoured salts in the child's food as determined by the QFFQ by area of residence: South Africa 1999
Table 6.83	The percentage of respondents who used flavoured salts in the child's food as determined by the QFFQ by province: South Africa 1999
Table 6.84	The percentage of respondents who thought dietary supplements would improve the health of the child as determined by the QFFQ by age group (n = 2701): South Africa 1999
Table 6.85	The percentage of respondents who thought dietary supplements would improve the health of the child as determined by the QFFQ by area of residence: South Africa 1999
Table 6.86	The percentage of respondents who thought dietary supplements would improve the health of the child as determined by the QFFQ by province: South Africa 1999
Table 6.87	The percentage of respondents who gave the child dietary supplements as determined by the QFFQ by age group: South Africa 1999
Table 6.88	The percentage of respondents who gave the child dietary supplements as determined by the QFFQ by area of residence: South Africa 1999
Table 6.89	The percentage of respondents who gave the child dietary supplements as determined by the QFFQ by province: South Africa 1999
Table 6.90	The type of dietary supplements consumed by children (total n = 99)
Table 6.91	The percentage of respondents and their perception what nutrients vitamin and minerals were as determined by the QFFQ by age group: South Africa 1999
Table 6.92	The percentage of respondents and their perception what

---

	nutrients vitamin and minerals were as determined by the QFFQ by area of residence: South Africa 1999
Table 6.93	The percentage of respondents and their perception what nutrients vitamin and minerals were as determined by the QFFQ by province: South Africa 1999
Table 6.94	The percentage of respondents and their perception as to the type of people who need additional vitamins and minerals as determined by the QFFQ by age group: South Africa 1999
Table 6.95	The percentage of respondents and their perception as to the type of people who need additional vitamins and minerals as determined by the QFFQ by area of residence: South Africa 1999
Table 6.96	The percentage of respondents and their perception as to the type of people who need additional vitamins and minerals as determined by the QFFQ by province: South Africa 1999
Table 6.97	Mean energy intake (kJ) of children by age, province and area of residence
Table 6.98	Mean protein intake (g) of children by age, province and area of residence
Table 6.99	Mean carbohydrate intake (g) of children by age, province and area of residence
Table 6.100	Mean added Sugar (g) intake of children by age, province and area of residence
Table 6.101	Mean total fat intake (g) of children by age, province and area of residence
Table 6.102	Mean fibre intake (g) of children by age, province and area of residence
Table 6.103	Energy distribution of macronutrients and nutrient ratios [mean (SD)]
Table 6.104	Mean vitamin A intake (RE) of children by age, province and area of residence

---

Table 6.105	Mean vitamin D intake ( $\mu\text{g}$ ) of children by age, province and area of residence
Table 6.106	Mean vitamin E intake (IU) of children by age, province and area of residence
Table 6.107	Mean vitamin C (mg) intake of children by age, province and area of residence
Table 6.108	Mean thiamin intake (mg) of children by age, province and area of residence
Table 6.109	Mean riboflavin intake (mg) of children by age, province and area of residence
Table 6.110	Mean niacin intake (NE) of children by age, province and area of residence
Table 6.111	Mean vitamin B6 intake (mg) of children by age, province and area of residence
Table 6.112	Mean vitamin B12 intake ( $\mu\text{g}$ ) of children by age, province and area of residence
Table 6.113	Mean folate intake ( $\mu\text{g}$ ) of children by age, province and area of residence
Table 6.114	Mean calcium intake** (mg) of children by age, province and area of residence
Table 6.115	Mean phosphorus intake** (mg) of children by age, province and area of residence
Table 6.116	Mean iron intake (mg) of children by age, province and area of residence
Table 6.117	Mean zinc intake (mg) of children by age, province and area of residence
Table 6.118	Mean selenium intake ( $\mu\text{g}$ ) of children by age, province and area of residence
Table 6.119	Mean magnesium intake (mg) of children by age, province and area of residence
Table 6.120	Frequency of food items eaten by children in South Africa (n = 2883) as determined by the QFFQ
Table 6.121	Frequency of food items eaten by children in the Eastern

---

	Cape (n = 429) as determined by the QFFQ
Table 6.122	Frequency of food items eaten by children in the Free State (n = 207) as determined by the QFFQ
Table 6.123	Frequency of food items eaten by children in Gauteng (n = 428) as determined by the QFFQ
Table 6.124	Frequency of food items eaten by children in KwaZulu/Natal (n = 554) as determined by the QFFQ
Table 6.125	Frequency of food items eaten by children in Mpumalanga (n = 163) as determined by the QFFQ
Table 6.126	Frequency of food items eaten by children in Northern Cape (n = 157) as determined by the QFFQ
Table 6.127	Frequency of food items eaten by children in Northern Province (n = 355) as determined by the QFFQ
Table 6.128	Frequency of food items eaten by children in North West (n = 233) as determined by the QFFQ
Table 6.129	Frequency of food items eaten by children in Western Cape (n = 357) as determined by the QFFQ