

Table 7.29 Brown Bread: The source of food as determined by the FPHIQ (n = 1455): South Africa 1999

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	161	95	217	322	93	37	205	164	161	1455
Purchased	96	98	100	98	100	89	100	99	91	98
Reared/grown/grown milled	1	0	0	0	0	0	0	0	0	0
Part of Pay	0	0	0	0	0	0	0	0	0	0
Homemade	1	1	0	2	0	11	0	0	9	2
Clinic/NGO/Donation/Other	2	1	0	0	0	0	0	1	0	0

Table 7.30 Brown bread: The frequency of purchase as determined by the FPHIQ (n = 1430): South Africa 1999

Frequency of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	156	93	217	317	93	35	205	163	152	1430
Daily / 2 x per week	67	39	76	66	79	57	69	74	64	68
Weekly	19	30	19	21	8	34	18	23	29	21
Fortnightly/ monthly	3	27	4	6	9	9	7	3	5	7
Special Occasion	3	2	0	2	1	0	2	0	0	1
Infrequent	9	2	1	6	4	0	4	1	2	4

Table 7.31 Brown bread: The amount purchased as determined by the FPHIQ (n = 1402): South Africa 1999

Amount purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	154	91	216	303	93	33	199	161	152	1402
< 1 loaf	4	3	7	7	1	3	4	2	3	3
1 - < 2 loaves	74	95	82	68	69	85	66	84	72	75
2 – 3 loaves	18	0	12	26	27	9	29	13	17	19
>3 loaves	4	2	1	5	3	3	2	1	9	3

Table 7.32 Brown bread: The place of purchase as determined by the FPHIQ (n = 1422): South Africa 1999

Place of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	155	93	217	314	93	33	202	164	151	1422
Supermarket	8	55	18	18	34	36	22	7	73	26
Small Shop	90	43	81	81	65	64	76	92	21	72
Other	2	2	1	2	1	0	2	1	6	2

Table 7.33 Brown bread: The type purchased as determined by the FPHIQ (n = 1458): South Africa 1999

Type purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	161	95	217	322	93	37	207	165	161	1458
Brown	100	100	99	98	99	100	99	100	81	97
Whole Wheat	0	0	1	3	1	0	1	0	19	3

Table 7.34 White Bread: The source of food as determined by the FPHIQ (n = 1866): South Africa 1999

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	291	76	201	557	32	148	41	227	293	1866
Purchased	15	18	67	38	100	52	59	21	77	43
Reared/grown/grown milled	6	13	0	0	0	0	0	0	0	1
Part of Pay	0	1	1	0	0	1	0	0	0	0
Homemade	79	67	32	62	0	47	39	79	23	55
Clinic/NGO/Donation/Other	0	0	0	0	0	0	2	0	1	0

Table 7.35 White bread: The frequency of purchase as determined by the FPHIQ (n = 928): South Africa 1999

Frequency of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	45	14	141	235	32	114	25	78	244	928
Daily / 2 x per week	67	14	82	67	81	54	80	46	75	68
Weekly	13	50	13	16	6	31	8	28	18	19
Fortnightly/ monthly	7	36	2	6	9	3	0	8	5	5
Special Occasion	0	0	2	4	0	9	8	1	0	3
Infrequent	13	0	1	7	3	4	4	17	2	6

Table 7.36 White bread: The amount purchased as determined by the FPHIQ (n = 835): South Africa 1999

Amount purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	43	14	139	208	31	83	28	46	243	835
< 1 loaf	9	0	12	2	0	5	11	0	5	5
1 - <2 loaves	81	86	83	65	74	78	79	98	65	74
2 – 3 loaves	7	0	5	26	26	15	11	2	27	17
>3 loaves	2	14	0	7	0	2	0	0	3	4

Table 7.41 Brown flours: The amount purchased as determined by the FPHIQ (n = 94): South Africa 1999

Amount purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	9	4	7	8	5	6	12	5	38	94
< 2.5 kg	11	0	57	13	0	0	8	20	37	23
≥2.5kg - ≤5kg	0	25	29	13	0	17	0	0	26	16
≥5kg - ≤10kg	0	0	0	13	0	33	8	0	16	11
≥10kg - ≤12.5kg	0	0	0	13	20	17	0	0	5	5
≥12.5kg - ≤25kg	67	75	14	50	80	33	83	80	13	42
>25kg	22	0	0	0	0	0	0	0	3	3

Table 7.42 Brown flours: The type purchased as determined by the FPHIQ (n = 102): South Africa 1999

Type purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	9	4	8	9	5	8	12	6	41	102
Brown bread meal flour	89	100	88	89	60	100	83	100	73	82
Whole wheat meal flour	11	0	13	11	40	0	17	0	27	18

Table 7.43 White flours: The source of food as determined by the FPHIQ (n =1922): South Africa 1999

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	404	79	156	437	66	85	126	184	385	1922
Purchased	100	100	99	100	100	91	100	100	99	99
Reared/grown/grown milled	0.2	0	0	0	0	0	0	0	0	0.1
Part of Pay	0	0	0	0	0	8	0	0	1	1
Clinic/NGO/Donation/Other	0	0	1	0	0	1	0	1	0	0

Table 7.44 White flours: The amount purchased as determined by the FPHIQ (n =1914): South Africa 1999

Amount purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	402	79	155	436	66	85	124	183	384	1914
< 2.5 kg	3	11	23	6	6	1	11	3	46	15
≥2.5kg - ≤5kg	4	19	19	8	8	6	3	13	27	12
≥5kg - ≤10kg	2	15	19	4	11	6	11	13	8	8
≥10kg - ≤12.5kg	7	3	6	19	0	4	0	9	5	8
≥12.5kg - ≤25kg	68	52	33	56	76	74	73	62	14	51
>25kg	16	0	0	6	0	9	1	0	1	5

Table 7.45 White flours: The frequency of purchase as determined by the FPHIQ (n = 1911): South Africa 1999

Frequency of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	402	79	155	437	65	82	126	183	382	1911
Daily / 2 x per week	0	3	1	0	5	7	0	5	1	1
Weekly	1	5	7	2	3	7	1	12	20	7
Fortnightly/ monthly	90	89	85	87	75	85	72	79	68	82
Special Occasion	1	1	1	4	6	0	15	1	0	3
Infrequent	8	3	7	6	11	0	12	4	11	7

Table 7.46 White flours: The place of purchase as determined by the FPHIQ (n = 1908): South Africa 1999

Place of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	401	79	155	436	66	79	126	184	382	1908
Supermarket	83	98	94	96	65	94	66	75	97	88
Small Shop	16	1	4	4	32	3	33	25	3	11
Other	2	1	3	0	3	4	2	1	1	1

Table 7.47 White flours: The type purchased as determined by the FPHIQ (n = 1930): South Africa 1999

Type purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	404	79	156	437	66	86	130	184	388	1930
White Flour	99	100	92	98	89	100	89	99	70	91
Self Raising	1	0	8	3	11	0	11	1	30	9

Table 7.48 Bread*, maize, sugar*** or combinations thereof procured in households, by province and area of residence, as determined by the FPHIQ: South Africa 1999**

Food item/ Combination (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	Urban	Rural	RSA
Number (n)	426	208	373	547	162	157	357	226	356	1370	1442	2812
Bread	98	64	92	93	78	86	72	99	99	92	86	89
Maize	99	99	93	97	96	99	93	100	78	91	97	94
Sugar	98	86	94	92	91	94	83	98	98	94	92	93
Bread & Maize	98	63	86	91	77	86	69	99	78	84	84	84
Sugar & Maize	97	85	88	90	88	94	77	97	77	86	90	88
Sugar & Bread	97	57	87	87	72	82	61	97	98	87	81	84
No Bread, No Maize	0.5	0.5	0.5	0.5	1.9	0.6	3.7	0.0	0.6	0.9	1	1
No Sugar, No Maize	0.2	0	1.1	0.5	0	0	1.4	0	0.6	0.7	0.4	0.5
No Sugar, No Bread	0.2	6.7	1.3	1.6	1.9	1.3	5.9	0.4	0	1.7	2.2	2

*Bread implies white bread, white flours, brown bread, whole wheat bread, brown flours and whole wheat flour

**Maize implies special enriched maize meal, sifted white, special white, special yellow, domestically milled, super raw white and sifted maize meal

***Sugar is white sugar only

Table 7.49 Hard margarine/Cooking fat: Food type as determined by the FPHIQ (n = 1875): South Africa 1999

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	462	40	252	440	71	64	102	157	287	1875
Hard Margarine	60	98	99.2	82	97	95	92	97.5	97	84
Cooking Fat	40	2	0.8	18	3	5	8	2.5	3	16

Table 7.50 Hard margarine/Cooking fat: The source of food as determined by the FPHIQ (n = 1871): South Africa 1999

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	462	40	252	440	71	63	100	157	286	1871
Purchased	99.6	100	99	99	100	100	100	99.4	100	99.6
Reared/grown/milled	-	-	-	-	-	-	-	-	-	-
Picked/hunted	-	-	-	-	-	-	-	-	-	-
Part of Pay	-	-	-	0.2	-	-	-	-	-	0.4
Homemade	-	-	-	-	-	-	-	-	-	-
Clinic/NGO/Donation/Other	0.4	-	1	0.5	-	-	-	0.6	-	0.1

Table 7.51 Hard margarine/Cooking fat: The frequency of purchase as determined by the FPHIQ (n = 1864): South Africa 1999

Frequency of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	460	40	250	438	71	63	100	156	286	1864
Daily / 2 x per week	5	5	-	0.5	10	10	-	3	2	3
Weekly	6	8	19	12	7	37	4	28	49	19
Fortnightly/ monthly	79	87	79	78	79	52	91	68	48	73
Special Occasion	0.4	-	0.4	3	1	2	-	-	0.3	1
Infrequent	10	-	1.6	6	3	-	5	1	0.7	5

Table 7.52 Hard margarine/Cooking fat: The place of purchase as determined by the FPHIQ (n = 1862): South Africa 1999

Place of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	460	39	250	437	71	63	100	156	286	1862
Supermarket	80	87	89	93	80	92	82	72	94	86.6
Small shop	19	10	10	7	20	6	17	27	5	12.7
Other (Market/Vendor)	1	3	1	0.2	-	2	1	0.6	0.3	0.8

Table 7.53 Hard margarine/Cooking fat: The amount purchased as determined by the FPHIQ (n = 1849): South Africa 1999

Amount purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	458	40	249	433	71	60	97	156	285	1849
≤ 125 g	1	-	1	0.2	-	-	2	0.6	0.4	0.8
≥125 - ≤250 g	8	3	2	3	-	3	7	6	-	4
≥250 - ≤500 g	16	17	6	9	17	12	19	21	2	12
≥500 - ≤1 kg	58	73	54	44	56	48	45	58	33	50
≥1 kg - ≤2 kg	13	2	23	29	14	27	18	12	35	22
≥2 kg	4	5	14	15	13	10	9	3	29	12

Table 7.54 Hard margarine/Cooking fat: The brand purchased as determined by the FPHIQ (n = 1549): South Africa 1999*

Brand name (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	246	72	239	360	67	59	106	156	244	1549
Blossom	1	1	7	2	1	8	1	0.6	16	5
Blue Band	-	1	0.8	1	-	2	-	-	0.8	0.7
Butro	-	3	-	-	-	2	-	-	0.8	0.3
Butter	-	-	2	0.8	-	2	-	-	1	0.7
Canola	-	-	-	0.3	-	-	-	-	2	0.3
Dripping Fat	0.4	7	-	9	-	3	-	-	-	3
Family Favourite	-	1	-	-	-	-	1	-	0.8	0.3
Floro	-	3	1	2	1	3	-	-	5	2
Hard Margarine	21	-	0.8	2	72	10	30	4	11	11
Holsum	3	1	0.4	7	-	2	2	3	-	3
Marvello	-	1	-	-	-	-	-	-	11	2
Medium Fat	7	-	3	3	9	5	7	-	0.8	4
More	-	3	-	-	-	-	1	-	0.8	0.3
No Name Brand	0.4	-	2	1	-	-	-	-	2	0.5
Ole	0.4	1	0.4	-	-	-	-	-	2	0.5
Rama	17	39	71	34	7	47	43	77	16	39
Riva	-	-	0.4	1	-	-	-	-	-	0.3
Romi	1	6	-	4	1	-	-	-	2	2
Rondo	10	24	5	28	4	5	6	10	5	13
Spar	0.4	-	0.4	-	-	-	-	-	-	0.2
Stork	-	-	4	4	3	-	6	3	5	3
Sunshine D	3	3	2	0.3	-	10	2	3	21	5
White Fat 2	35	6	0.4	0.8	-	-	2	-	-	6

* Description of Brand name should be considered only as an indication. No provision was made for "medium fat"; the latter was recorded as part of "hard fat". Brand names were analysed as filled in under the codes for "Hard Margarine" and "Cooking Fat"

